

## Hands2Health Clinic Covid Protocol

If you are feeling unwell, have any of the Covid-19 symptoms such as a temperature above 38 degrees, a new persistent cough, shortness of breath, loss or diminished sense of smell, please do not attend the clinic and reschedule your appointment

You will be contacted the day before your appointment and asked COVID-19 related screening questions. On arrival you will be asked to complete a COVID-19 disclaimer. Your temperature will be taken and you will be given a mask to wear and given hand sanitiser. I will be in full PPE.

Please be aware that at this time as access to the toilet is through the house it will only be in use in an emergency.

We will open and close the doors and ask that you kindly refrain from touching any surfaces unnecessarily.

Please only bring essential and necessary items into the treatment room and leave everything else in your car.

All the supplements are now behind glass doors, if you know in advance products that you need please text me prior to your appointment so that they can be ready for you.

We are advised to keep talk to a minimum to avoid transmission of the virus however I am aware that counselling and talking over issues can be a cathartic aspect of the treatment for some people. We will maintain a social distance whilst having consultations.

We are unable to provide water after treatments at this time so would ask that you bring a drink with you please.

The treatment room window will remain open for ventilation.

You will have access to tissues throughout your appointment. If you need to sneeze or cough, you should do so into the tissue which will be discarded appropriately and you will then need to re-sanitise your hands.

Unless vulnerable or a child, clients cannot at this time be accompanied into the clinic.

It is your responsibility in the subsequent seven days after your appointment to inform me if you or anyone in your household has any symptoms of COVID-19. We may be required to release this information for the "NHS track and trace"

For all our safety we request that you observe and follow as requested all the new protocols so that we may continue to operate in a safe environment.

**DISCLAIMER:** Despite all our efforts there remains the possibility however small of infection with Covid-19 by making the appointment you agree to this risk.

If you have any questions that are not answered above or you are concerned about any aspect of your visit, please don't hesitate to contact us on either: 01279 656737 or 07796 268408.